
DELAWARE NURSING HOME RESIDENTS QUALITY ASSURANCE COMMISSION

DDDS – Fox Run
2540 Wrangle Hill Rd
2nd Floor Training Room “A”
Bear, DE 19701

FINAL

Meeting September 12, 2017
Minutes

Commission Member(s) Present: Lisa Furber, DNHRQAC Chair, Amy Milligan, Representative Kim Williams, Karen Gallagher and Yrene Waldron. Paige Schmittinger, Esquire (DOJ) was also in attendance.

Commission Member(s) Absent: Lt Governor Bethany Hall-Long, Sue Shevlin and Dr. Michela Coffaro, Psy.D.

Others Present: Margaret Bailey; Maria Miller, St. Francis Life Center; Patricia Collette, Aide to Karen Gallagher; Staci Marvel, DMMA; Catherine Hightower, Governor Bacon Health Center; Dawn Moore, Governor Bacon Health Center; Casey Stradley, DLTCRP; Renee Purzycki, DLTCRP; Elsie Josiah, QI of Delaware; Melissa Smith, DSAAPD; Hooshang Shanehsaz, PH Pharmacy Director; and Carol Lovett, Consumer.

1. Call to order

The meeting was called to order at 9:43 AM by Lisa Furber, DNHRQAC Chair.

2. Approval of the Minutes for the meeting of:

The meeting minutes of July 11, 2017 were not voted upon due to lack of membership quorum.

3. Discussion of:

Music and Memory Program (M & M)

Renee Purzycki, DLTCRP Chief Administrator, provided an update regarding the Music & Memory Program. Currently, 20 skilled facilities (10 residents each) participate in this personal centered music effort to stimulate dementia residents and reduce anxiety, medication, etc. The Division works with facilities to determine music preferences specific to each resident. The music is downloaded onto an iPod Shuffle/Nano for residents. Facility staff records results using tracking sheets. The Division was able to provide members with several M & M success stories.

In order to participate, facility personnel must become certified in M&M.

DLTCRP held M & M Workshops (NCC and Sussex) and In-Service Meetings for nursing home staff to learn about the program and incorporate into their resident's everyday lives. Continuing Educational Credits (CEUs) are available for staff that watch “Alive Inside Documentary” and complete M & M training.

In the future, the Division plans to work with hospice providers; create avenue to supply additional equipment to nursing homes and expand program to the remainder of licensed nursing homes in Delaware.

The Division partnered with UD Film Club to produce M & M documentary. In addition, DLTCRP has been working with 50+ volunteers, DE high schools, higher education institutions and others to provide awareness and expand M & M opportunities in Delaware.

Apple is discontinuing iPod Shuffle/Nano. Representative Kim Williams offered to help facilitate a meeting between DLTCRP and OMB (Mike Jackson) regarding state purchasing system vs Music and Memory Program (iPods). Ms. Purzycki will relay offer with the Division and follow up with Representative Williams.

Statewide Antipsychotic Coalition

Elsie Josiah, MSN, Project Coordinator for Quality Insights, provided an update regarding the Statewide Antipsychotic Coalition efforts in Delaware. There are two types of antipsychotic medications: typical and atypical. Their main differences are in the side effects that they may cause and may include: anxiety, restlessness, increased weight, elevated blood pressure, decreased blood pressure, uncontrollable movement, etc.

The National Partnership to Improve Dementia Care in Nursing Homes: Antipsychotic Medication Use Data Report (March 2017) shows Delaware @ 12.9% of antipsychotic medication use for long-stay residents during fourth quarter 2016. The national average for antipsychotic medication use for long-stay residents is during same time frame is 16%.

Misuse of Antipsychotics in Long-term Care Facilities:

- Residents placed on antipsychotic medications despite a proper diagnosis
- Antipsychotic medications are dangerous for the elderly and linked to numerous death
- Costly for Medicare Program
- Considered a chemical restraint by Centers for Medicare and Medical Services (CMS)
- Antipsychotics continue to be prescribed for dementia and other cognitive disorders
- The Food and Drug Administration (FDA) issued “Black Box” warning for antipsychotic medication of dementia residents
- Adverse antipsychotic reactions for the elderly: loss of independence, over sedation, confusion, falls and death

Alternatives to Antipsychotic Medications:

- Individualized or personal centered care plans
- Identify the cause of behavioral symptoms
- Consistent staff assignment
- Manage acute and chronic pain
- Increase activity and engage dementia residents

Pain Communication by Dementia Residents:

- Increased breathing - hyperventilating, labored
- Nonverbal - crying, wailing & moaning

- Facial Expressions - gritting teeth, eyes squeezed shut, etc
- Body Language – pushing away, holding her/himself, kicking & hitting others

Quality Insights offers the following services to reduce antipsychotic medication usage in Delaware:

- Assist facility leadership team(s) with identifying and obtaining residents needs
- Evaluate and reduce antipsychotic medication
- Educate families and physicians
- Educate providers regarding alternatives to antipsychotic medication
- Educate providers to think outside box
- Online & virtual educational opportunities
- Facility visits as needed

Elsie Josiah: ejosiah@qualityinsights.org or 877.987.4687, ext 117.

4. Old/New Business:

Health Workforce Professionals

During DNHRQAC Meeting of July 11, 2017, members briefly discussed healthcare professional workforce: supply vs demand and health care professional workforce pipeline.

Margaret Bailey was able to provide an overview during this meeting as to the following:

- 2008 DNHRQAC invited Delaware Healthcare Commission (DHCC) Executive Director, Paula Roy and UD Professor Dean Paulanka to share workforce development specific to Delaware. Both presenters urged that national workforce planning data should be gathered and workforce climate should be reviewed for retention opportunities.
- Delaware Health Care Association created a workforce needs report 2008-2014. The report: <http://www.deha.org/DHAASPX/media/Media-Library/PDFs/Workforce-Report-2008.pdf> was published Oct 2009.
- After checking with current DHCC, it doesn't appear any additional health care workforce reports have been created since 2009. Ms. Bailey also spoke with Tibor Toth, Assoc Director, Center for Applied Demography & Survey Research Assistant, UD School of Public Policy & Administration – This UD unit prepared 2008 health care professional workforce report.
- Ms. Bailey contacted Julane Ambriester, DE Ctr for Health Innovation who mentioned this might be a future project for their “Clinical Committee”.
- Ms. Bailey contacted Dept of Labor, Office of Occupational & Labor Market Information - Dr. George Sharpley (copy of Delaware 2024 Report: Occupation & Industry Projections that provided to commission members). Lisa Furber will contact Dr. Sharpley Ph.D and invite him to DNHRQAC Meeting of November 12, 2017.
- Ms. Bailey recently saw former DHSS Cabinet Sec Rita Langraf and asked about health care professional workforce reports. Ms. Langraf mentioned DHSS had this on their radar but funding was cut and she encourages Delaware to pursue the creation of such report.

- Ms. Bailey also recently connected with Sheila Grant, AARP Delaware, Associate State Director of Advocacy, who mentioned AARP Delaware is possibly looking for a project at this time. Ms. Grant plans to attend the DNHRQAC meeting of November 12, 2017 to learn more.

Legislative Sub-committee Updates

Sub-committee members shared a draft of proposed legislation to the full commission. The group met August 9 & August 30 via teleconference to work on modifying legislation. A few additional modifications to draft were noted during this meeting. An updated draft will be circulated (again) to commission members and relevant stakeholders for feedback. The commission plans to introduce the proposed legislation when the General Assembly reconvenes - January 2018.

DNHRQAC Memberships

Dr. Michela Coffaro, Psy.D was recently appointed by Governor Carney to serve as DNHRQAC: Sussex County Advocate.

2018 DNHRQAC Meeting Schedule

Ms. Bailey provided commission members with a copy of proposed 2018 DNHRQAC meeting schedule.

5. Public Comment:

DHSS Inaugural Health Care Spending Summit – Establishing the Benchmark

DHSS Cabinet Secretary Dr. Walker hosted Health Care Spending Summit at the Delaware Contemporary of the Arts (Wilm, DE) on September 7, 2017. Guest speakers spoke about their perspective states experience in creating health care spending benchmarks: challenges, stakeholders, buy-in, etc. There was a Q & A session afterwards where attendees were able to engage in a dialog with the guest panel.

Immediately following the Health Care Spending Summit, participants were invited to attend Governor Carney's bill signing of House Joint Resolution 7 at St Francis Life Center. HCR7's primary sponsor is Representative Valerie Longhurst. HCR 7 permits DHSS the necessary powers and authority to establish & plan for monitoring and implementation of an annual health care benchmark. There will be additional Health Care Spending forums in the near future.

Delaware Healthcare Forum

The Delaware Healthcare Association in partnership with US Acute Care Solutions and through a joint providership with the Healthcare Leadership Network of Delaware Valley, and Bayhealth will host 21st Annual Delaware Healthcare Forum on Tuesday October 31, 2017 At DTCC Terry Campus (Dover, DE).

Residents Rights Rally (RRR)

Delaware's Long Term Care Ombudsman Program will host the annual Residents Rights Rally on Tuesday October 31, 2017 at Modern Maturity Center (Dover, DE). Representative Kim Williams will sponsor a tribute to commemorate this special event. This year's RRR theme – It's All About Me: My Life, My Care, My Choices". More information about this event will be forthcoming.

National Fall Prevention Awareness Day

September 22, 2017 is National Fall Prevention Awareness Day. Several workshops will be held to provide safety tips for individuals at risk - throughout the state. "Falls are the leading cause of fatal and nonfatal injuries for older Americans. A fall can negatively affect your quality of life, so it's important to know how to prevent one." per National Council on Aging.

Life Conference

Life Conference XX will be held January 24, 2018 at Dover Downs Hotel & Conference Center. The annual conference is a regionally recognized day of education and networking which draws more than 500 people with disabilities, families and professionals. For more information about the Life Conference: www.lifeconferencede.org.

FY 19 Public Budget Hearings

Ms. Bailey mentioned that the FY 19 Public Budget Hearings will occur in November. Once OMB finalizes the calendar of events, Ms. Bailey will forward the meeting schedule to commission members.

6. Next meeting will be held **Tuesday January 9, 2018 @ 9:30 AM**. The meeting location: Legislative Hall: 150 Martin Luther King Jr Blvd Tatnall Bldg Room 112 Dover, DE 19901.

7. Adjournment

The meeting was adjourned at 12:13 PM by Lisa Furber.

Attachments: July 11, 2017 meeting minutes - draft
DNHRQAC proposed legislation - draft
DNHRQAC By-laws (2007 version)
Where Long-Term Care Works – Article
Music & Memory Update - DLTCRP
Antipsychotic Medication Use Data Report – QI of DE
Delaware Antipsychotic Coalition – QI of DE
Delaware 2024: Occupational & Industry Projections – Dept of Labor Report
DE Code Title 29 Chapter 79 § 7909 (original)
DNHRQAC 2018 meeting schedule - draft